

**COUNTY OF LOS ANGELES
PUBLIC HEALTH COMMISSION
October 10, 2013
MINUTES**

COMMISSIONERS

Patrick Dowling, M.D., M.P.H., Chairperson**
Jean G. Champommier, Ph.D., Vice-Chair*
Waleed W. Shindy M.D., M.P.H.*
Michelle Anne Bholat, M.D., M.P.H. *

DEPARTMENT OF HEALTH SERVICES REPRESENTATIVE

Jonathan E. Fielding, Director of Public Health and Health Officer***
Angela Haley, Secretary*
Public Health Commission

PUBLIC HEALTH COMMISSION ADVISOR

Cynthia Harding, Chief Deputy*
Public Health

PUBLIC HEALTH COMMISSION YOUTH ADVISOR

Vacant

***Present **Excused ***Absent**

TOPIC	DISCUSSION/FINDINGS	RECOMMENDATION/ACTION/ FOLLOW-UP
I. CALL TO ORDER	The meeting was called to order at approximately 10:07 a.m. by Vice-Chairperson Champommier at Public Health Administration.	Information only.

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<p>II. ANNOUNCEMENTS & INTRODUCTIONS</p>	<p>Introductions of Commissioners and guests were conducted. The Commission welcomed Richard Espinosa, Health Deputy, Fourth Supervisorial District, to the Public Health Commission meeting.</p>	<p>Information only.</p>
<p>III. APPROVAL OF MINUTES</p>	<p>MOTION: APPROVAL OF APRIL 11, 2013 MINUTES MOTION: APPROVAL OF MAY 23, 2013 MINUTES</p>	<p>Vice-Chairperson Champommier entertained a motion from Commissioner Shindy, seconded by Commissioner Bholat and carried unanimously. Vice-Chairperson Champommier entertained a motion from Commissioner Bholat, seconded by Commissioner Shindy and carried unanimously.</p>

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<p>IV. PUBLIC HEALTH REPORT</p>	<p>Cindy Harding provided the Commission with a Public Health Report and discussed public health activities since the last report on September 12, 2013.</p> <p>Toxic Emissions Exposure and the Exide Technologies Plant in Vernon, California</p> <p>Ms. Harding informed the Commission subsequent to the last update, the Superior Court ruled to allow Exide to resume operations. There remain substantial comments, concerns, and questions about exposure to emissions from this facility and the degree to which they may place the public at risk. However, since the original risk assessment dated January 2013, several modifications to reduce emissions have been made at the facility. The South Coast Air Quality Management District (SCAQMD) is presently conducting source testing in order to re-estimate health risk under current operating conditions. SCAQMD is also performing weekly testing of arsenic levels in and around the facility. DPH anticipates receiving the revised risk assessment in September 2013.</p> <p>DPH is working with the California Department of Toxic Substance Control (DTSC) to design a work plan to collect both dust and soil samples outside the facility perimeter and within the adjoining residential communities. Second, DPH will work with DTSC and SCAQMD to implement risk reduction</p>	<p>Commissioner Shindy expressed an interest in how did DPH first become aware of the toxic emissions exposure, role of the regulatory agencies, litigation issues, and how DPH plans to address environmental justice issues. Ms. Harding indicated she will have Environmental Health to present to the Commission in the near future to address these concerns.</p>

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<p>IV. PUBLIC HEALTH REPORT CONTINUED</p>	<p>measures at existing sites and facilities within these communities. To carry out this program, supplemental personnel will be required with expertise in each sciences, air pollution, toxicology and risk assessment, and environmental modeling.</p> <p>Interim Response to Board Motion Regarding Drug Medi-Cal Services</p> <p>On August 13, 2013, in a motion by Supervisor Zev Yaroslavsky, with amendment by Supervisor Mark Ridley-Thomas, the Board instructed DPH to take the following actions related to the DMC Program:</p> <ul style="list-style-type: none"> • Develop a protocol for determining the severity of provider deficiencies found during audits and ensure that significant deficiencies are shared with the Chief Executive Officer (CEO) and the Board; • Work with County Counsel on a plan to avoid and mitigate harmful disruptions in care; and • Work with the CEO to provide a status report on efforts to re-solicit contracts. <p>This interim status report includes a response to these actions and additional steps that DPH has taken to improve the DMC program. DPH continues to collaborate with the Auditor-Controller, County Counsel, and the CEO on a more comprehensive report that will be provided in response to</p>	

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<p>IV. PUBLIC HEALTH REPORT CONTINUED</p>	<p>your Board motion.</p> <p>Early Childhood Obesity Prevention (First 5 LA) Grant Update</p> <p>DPH was granted a four-year, \$41 million award from First 5 LA in 2012 with the goal of reducing the prevalence of overweight and obesity among young children and their families. The Early Childhood Obesity Prevention Initiative (ECOPi) is bringing together a broad range of partners to implement community-based public education, skills-building and environmental changes to promote physical activity and healthy eating among the nearly one million L.A. County children ages 0-5 and their families. The initiative focuses on child care settings, community interventions, and inter-conception care.</p> <p>Health Officer Order for Mandatory Annual Influenza Vaccination for Healthcare Personnel in Acute Care, Intermediate Care, and Skilled Nursing Facilities</p> <p>Ms. Harding discussed the above-subjected memo to the Board from Dr. Fielding that indicates his plan to issue a health officer order that requires mandatory annual influenza vaccination for healthcare personnel in acute care, intermediate care, and skilled nursing facilities for the influenza season. Evidence supports that immunization of health care personnel reduces the frequency of infection in patients in these facilities, which can be life threatening.</p>	

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<p>V. AREA HEALTH OFFICER (AHO) REPORT SPAs 7&8</p>	<p>Dr. Silvia Prieto, Area Health Officer (AHO), SPAs 7&8, provided the Commission with an overview of the activities within SPAs 7&8.</p> <p>Both SPAs 7&8 covers three Supervisory Districts which includes:</p> <ul style="list-style-type: none"> • 1st District – Supervisor Gloria Molina • 2nd District – Supervisor Mark Ridley Thomas • 4th District – Supervisor Don Knabe <p>SPA 7</p> <ul style="list-style-type: none"> • 21 Cities • 5 Unincorporated Areas • 14 School Districts • Total Population: 1,281,092 <p>SPA 8</p> <ul style="list-style-type: none"> • 20 Cities • 8 Unincorporated Areas • 13 School Districts • Total Population: 1,494,518 	

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<p>V. AHO REPORT SPAs 7&8 CONTINUED</p>	<p>Social Determinants</p> <p><u>High School Graduation Rate</u></p> <ul style="list-style-type: none"> • SPA 7 – 72.5% • SPA 8 – 81.1% • LAC – 76.8% <p><u>Poverty</u></p> <ul style="list-style-type: none"> • SPA 7 – 15.5% • SPA 8 – 17.2% • LAC – 18% <p>Dr. Prieto discussed slides that showed the impact of chronic diseases in SPAs 7&8.</p> <ul style="list-style-type: none"> • Leading Causes of Death 2009 Morbidity Report. Coronary heart disease is the number one leading cause of death for both SPAs 7&8. • Smoking Rates – In SPA 7, 14.4 percent of adults smoke cigarettes, and in SPA 8, 13 percent of adults smoke cigarettes. • Percent of Adults (18+years) Ever Diagnosed with Diabetes – 1997-2011; in SPA 7 there has been an increase of adults with Diabetes of 184 	

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<p>V. AHO REPORT SPAs 7&8 CONTINUED</p>	<p>percent, and that's by far the largest in L.A. County. All of this can be mitigated by change of lifestyle.</p> <ul style="list-style-type: none"> • <i>Cities/Communities with Highest Childhood Obesity Prevalence, 2008 – 5 of the cities are in SPA 7 and 1 in SPA 8. As seen from the previous slide, we need to start with the children in order to control the obesity rates so it doesn't get worse.</i> <p>Lindsay Lastra, Health Educator, SPA 7, discussed the ARcGIS Explorer. This program is used to give a visual representation of the data. The data is collected and entered into an electronic database by the Office of Health Assessment and Epidemiology.</p> <p>Tonia Sandoval, PHN, SPA 7, discussed Active Whittier, a community collaborative. Ms. Sandoval indicated that Roberta Delgado and Vanessa Ivie, PIH Health work in collaboration with SPA 7 staff on A Healthy Active Whittier. To champion "A Healthy Active Whittier" through neighborhood and community engagement, collaborative partnerships, and policy/environmental change, with a focus on sustainable efforts to improve the health and wellness of those living, working, learning</p>	

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<p>V.AHO REPORT SPAs 7&8 CONTINUED</p>	<p>and playing in our community. Residents in the community are learning how to be advocates for the neighborhood, i.e., working with local corner stores that offer fresh produce, promote exercise at the neighborhood park, and etc.</p> <p>Ms. Sandoval discussed the Photovoice Project that focuses on healthy eating and active living in the community. Using Photovoice we hope to engage youth in documenting the strengths and concerns of their community and make them known through photography.</p> <p>Project Modeled After Evidence-Based Intervention</p> <p>The Community Preventive Services Task Force recommends the following on the basis of strong evidence of effectiveness:</p> <ul style="list-style-type: none"> • Smoke-free policies to reduce secondhand smoke exposure and tobacco use • Implementing programs that increase the length of, or activity levels in, school-based physical education classes • Worksite programs that implement policy and environmental approaches aimed at making healthy choices 	

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<p>V.AHO REPORT SPAs 7&8 CONTINUED</p>	<p>Project Modeled After CDC Recommended Strategies</p> <p><i>To Reduce Obesity:</i></p> <ul style="list-style-type: none"> • <i>Communities should increase availability of healthier food and beverage choices in public service venues</i> • <i>Assess the school health policies and programs and develop a plan for improvement</i> <p><i>To Promote the Availability of Affordable Healthy Food and Beverages</i></p> <ul style="list-style-type: none"> • <i>Communities should provide incentives to food retailers to offer healthier food and beverage choices in underserved areas</i> <p>Project Outcomes</p> <ul style="list-style-type: none"> • <i>22 Smoke free parks</i> • <i>29 Students and residents participating in community change</i> • <i>31 Community advocates trained</i> • <i>500 Students with access to healthy lunch options – salad bars are at nine of the elementary schools</i> 	

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<p>V.AHO REPORT SPAs 7&8 CONTINUED</p>	<p>Ms. Sandoval indicated staff has advocated for a strong school wellness policy, and after the workshop parental knowledge has increased 100 percent. Also, environmental changes have shown a substantial increase in a year.</p> <p>Longer Term Outcomes</p> <p><u>Neighborhoods/Community-at-Large</u></p> <ul style="list-style-type: none"> • Increase healthy food available at corner markets <p><u>Worksites</u></p> <ul style="list-style-type: none"> • Promote adoption of worksite wellness policies <p>Roberta Delgado, PIH Health, indicated that it's the non-profit obligation to improve the health and welfare of the community, provide advocacy training (both English and Spanish), and continue to collaborate with SPA 7 staff and other organizations.</p> <p>Vice Chairperson Champommier stated that the involvement of staff and guests is terrific. He indicated that it's important that residents are involved in their communities.</p> <p>Commissioner Shindy asked if Whittier has a farmer's market. Dr. Prieto indicated yes, and they have just started adding the EBT card as a form of payment.</p>	

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<p>V.AHO REPORT SPAs 7&8 CONTINUED</p>	<p>April Frank, SPAs 7&8, discussed Public Health Breastfeeding Policy Initiative and the development of the Regional Hospital Breastfeeding Consortium. The first meeting was held in May 2010 and has continued to meet monthly. The consortium focused on the Baby Friendly Initiative, improves policies and practices, and changed hospitals providers and public's culture.</p> <p>SPA 7&8 Hospitals Working Towards Baby-Friendly Designation</p> <p><u>First District</u></p> <ul style="list-style-type: none"> • Beverly Hospital • East Los Angeles Doctors Hospital <p><u>Second District</u></p> <ul style="list-style-type: none"> • Centinela Hospital • Memorial Hospital of Gardena <p><u>Fourth District</u></p> <ul style="list-style-type: none"> • Whittier Hospital • Prov. Lt. Co., Mary, San Pedro • Prov. Lt. Co. Mary, Torrance • Torrance Memorial Medical Center 	

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<p>V. AHO REPORT SPAs 7&8 CONTINUED</p>	<p><i>Currently and Looking Forward</i></p> <ul style="list-style-type: none"> • <i>Collaboration and sharing of resources</i> • <i>Changing breastfeeding culture</i> • <i>Re-designation</i> <p><i>Hot Off the Press</i></p> <ul style="list-style-type: none"> • <i>10/09/13: SB 402 has just been signed into law by Governor Brown</i> • <i>Impact on California: Bill requires all general acute care hospitals and special hospitals that have a perinatal unit to adopt, by 01/01/25, the "Ten Steps to Successful Breastfeeding," as adopted by Baby-Friendly USA, or an alternate process adopted by a health care service plan that includes evidence-based policies and practices and targeted outcomes, or the Model Hospital Policy Recommendations as defined.</i> <p><i>Olga Vigdorichik, Health Educator, SPAs 1&2, discussed the Baby-Friendly Movement in SPAs 1&2. Pursuing 15 birthing hospitals, and</i></p>	

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<p>V. AHO REPORT SPAs 7&8 CONTINUED</p>	<p>Six Baby-Friendly, in the following districts:</p> <p>District 3</p> <ul style="list-style-type: none"> • Kaiser Permanente-Panorama City • Kaiser Permanente-Woodland Hills • Northridge Hospital Medical Center • Providence Holy Cross Medical Center • Providence Tarzana Medical Center • Valley Presbyterian Hospital • Pacifica Hospital of the Valley • West Hills Hospital and Medical Center <p>District 5</p> <ul style="list-style-type: none"> • Antelope Valley Hospital • Glendale Adventist Medical Center • Glendale Memorial Hospital Henry Mayo • Newhall Memorial Hospital • L.A. County DHS Olive View-UCLA Medical Center • Providence St. Joseph Medical Center • Verdugo Hills Hospital 	

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<p>V.AHO REPORT SPAS 1&2</p>	<p>Dr. Frank Alvarez, Area Health Officer (AHO), provided the Commission with an overview, future challenges, and opportunities in SPAs 1&2.</p> <p>Dr. Alvarez distributed and discussed the <i>Community Preventive Services Task Force Annual Report to Congress and to agencies related to the work of the task force. The task force discussed the following:</i></p> <ul style="list-style-type: none"> • Alcohol: Preventing Excessive Alcohol Consumption • Cardiovascular Disease Prevention & Control • Diabetes Prevention & Control • Nutrition: Promoting Good Nutrition • Obesity Prevention & Control • Physical Activity: Increasing Physical Activity • Tobacco: Reducing Tobacco Use & Secondhand Smoke Exposure • Worksite Health Promotion <p>Dr. Alvarez discussed the following Valley Press Newspaper articles: <i>Kid chefs preparing healthy dishes, no more 'boys', 'girls' restrooms, Governor Brown signs bill for transgender kids, and sewage water due to irrigate city park.</i></p>	

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<p>V.AHO REPORT SPAs 1&2 CONTINUED</p>	<p><u>Vision:</u> Healthy people in healthy communities.</p> <p><u>Mission:</u> To protect and improve the health of all area residents. We align ourselves with the mission of DPH and CHS. We are united, flexible and accountable to ourselves, the diverse communities we serve, and the programs/organizations with which we partner.</p> <p><u>Area Health Office Staff</u></p> <ul style="list-style-type: none"> • Outreach Services – 6% • Field Services – 35% • Administration – 7% • RHAP – 12% • Clinic Services – 26% • Business Office – 12% <p>SPAs 1&2 Cities and Communities</p> <p><u>SPA 1 (Antelope Valley)</u></p> <ul style="list-style-type: none"> • 13 Neighborhoods and communities • Two incorporated cities: Lancaster and Palmdale 	

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<p>V. AHO REPORT SPAs 1&2 CONTINUED</p>	<p><u>SPA 2 (San Fernando and Santa Clarita Valley)</u></p> <ul style="list-style-type: none"> • About 50 neighborhoods and communities • Ten Incorporated Cities: Agoura Hills, Burbank, Calabasas, Glendale, Hidden Hills, LaCanada-Flintridge, Los Angeles City (portion), San Fernando, Santa Clarita, and Westlake Village <p>SPA 1 (Antelope Valley) Population Characteristics (2011 Estimates)</p> <p>Total Population: 386,526 (compared to 305,400; LACHS 2002-03)</p> <p>SPA 2 (San Fernando Valley) Population Characteristics (2011 Estimates)</p> <p>Total Population: 2,136,581 (compared to 1,981,961; LACHS 2002-03)</p> <p>Core Public Health Activities</p> <ul style="list-style-type: none"> • Assurance: PH and Safety role • Assessment: Epidemiology, Program and Resource Planning and Priority Setting 	

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<p>V. AHO REPORT SPAs 1&2 CONTINUED</p>	<ul style="list-style-type: none"> • <i>Policy Development: Internally and with community partners, with focus on Healthy Communities</i> <p><i>Dr. Alvarez discussed the following charts and graphs:</i></p> <ul style="list-style-type: none"> • <i>Clinic Services: Patient Workload Report FY 2012-13</i> • <i>Field Services: PH Nursing, PHI/Law enforcement, and Dashboard of case and contact investigation (CMaP)</i> • <i>Leading Causes of Death, 2009 – SPAs 1&2</i> • <i>Leading Causes of Premature Death (Before Age of 75), 2009</i> • <i>Prevalence of Adult Obesity, LAC and SPAs 1&2, 1997-2011</i> <p>Emergency Preparedness and Response</p> <ul style="list-style-type: none"> • <i>United States Postal Service Biohazard Detection System Exercise</i> <p>Evidence-Based and Best Practices</p> <ul style="list-style-type: none"> • <i>National and local guidelines, standards, and benchmarks</i> 	

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<p>V. AHO REPORT SPAs 1&2 CONTINUED</p>	<p>Project: PH Activities Prioritization and Strategic Planning</p> <ul style="list-style-type: none"> • AHO Report • SPA-based "grid" of community projects and collaborations • Based on the Community Guide priority areas • Comparing to national and local benchmarks and standards <p>Healthy Policies/Built Environment</p> <ul style="list-style-type: none"> • Synergy through collaboration • DPH Programs • Businesses • Healthcare • Schools • Academia • CBOs/FBOs • Cities & Communities • Obesity Prevention Projects & Initiatives 	

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<p>V. AHO REPORT SPAs 1&2 CONTINUED</p>	<p>Determinants of Health: Cities of Lancaster and Palmdale</p> <ul style="list-style-type: none"> • Safe Routes to School – Walkable and Bikeable Community • Emergency Preparedness • Obesity and Diabetes Prevention – Cook-off & Heal Zone • Tobacco – AV Fresh Air Coalition & Tobacco-Free DPH Clinics <p>Determinants of Health: City of San Fernando</p> <ul style="list-style-type: none"> • PLACE Initiative – Walkable and Bikeable Community • Emergency Preparedness • Obesity & Diabetes Prevention – Cook-off, Walking groups, Diabetes Expo, and 100 Citizens (CSUN) <p>Other SPAs 1&2 and Countywide Initiatives</p> <ul style="list-style-type: none"> • L.A. County Community Disaster and Resiliency Project • Regional Hospital Breastfeeding Consortium • AV Sexually Transmitted Disease Taskforce 	

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<p>V. AHO REPORT SPAs 1&2 CONTINUED</p>	<ul style="list-style-type: none"> • <i>First 5 Best Start Community-Based Programs</i> • <i>Community Needs Assessments,</i> • <i>And more ...</i> <p><i>Our Community Partners</i></p> <ul style="list-style-type: none"> • <i>ValleyCare Community Consortium (VCCC)</i> • <i>Antelope Valley Partners for Health (AVPH)</i> • <i>Glendale Healthier Community Coalition</i> • <i>Local Cities</i> • <i>LAUSD and other school districts</i> • <i>Healthcare providers and hospitals</i> • <i>Local colleges and universities</i> • <i>CBOs and FBOs (e.g. AV BIH)</i> • <i>Fire (CERT) and law enforcement agencies</i> <p><i>Future: Challenges and Opportunities</i></p> <ul style="list-style-type: none"> • <i>Public Health and Affordable Care-Act</i> • <i>Clinical services</i> • <i>New partnerships</i> • <i>Consolidation/improving efficiency</i> 	

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<p>V. AHO REPORT SPAs 1&2 CONTINUED</p>	<ul style="list-style-type: none"> • Integrated and synergistic planning and resources • Federal and state funding • Increasing collaboration with DPH Programs; new stakeholders • Academia and healthcare partners • Community health benefits, non-profit hospitals <p>Commissioner Bholat stated there has to be infrastructure support for the Case Management Program (CMAp), and without it, we can't get anywhere with population health.</p> <p>Commissioner Shindy asked what's going on in regards to the rise of STDs in the Antelope Valley, and are you working with any school districts on STDs education. Dr. Alvarez indicated that the Antelope Valley certainly has a high rate of Chlamydia, gonorrhea, and Syphilis, and for the last four years staff has been involved in an STD taskforce. Also, working with Mario Perez, OAPP, to come up with solutions.</p>	<p>Dr. Alvarez will keep the Commission posted on solutions to the rise of STDs in the Antelope Valley, and when they present again, will report on their involvement with the schools on STDs education.</p>

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<p>VII. UNFINISHED BUSINESS</p>	<p><i>Dr. Prieto asked the Commission what does the Commission wants to hear from the SPAs in future presentations, such as, data, statistics, community partners, consumers, what are the SPAs doing in terms of the community, and what's been done and where the impact is being made.</i></p> <p><i>The Commission indicated that community partners is of interest (collaboration), community advocates, consumers, how are the SPAs utilizing the monies they receive from grants, what the SPAs are doing in terms of impacting the community and the impact on disease status, and the big problem(s) in the community.</i></p> <p><i>Commissioner Bholat indicated we hear a lot about what's going right, we need to hear about the failures, where's the closure, what's successful, who's accountable, and have a solution to the problem(s).</i></p> <p><i>The Commission thanked both Drs. Alvarez and Prieto for an excellent presentation.</i></p> <p><i>The meeting adjourned at 11:49 a.m.</i></p>	

